

Triple Gold Coaching Presents...

2010 Comox Valley Volleyball Camp

July 12-15th

Chris Densmore, Brian Stevens and Jesse Knight along with local college athletes will be hosting an athlete development camp during July 12-15th, 2010. This is a great opportunity to get access to three of BC's best coaches. The camp will include both indoor and outdoor sessions. You will receive lots of ball contacts, tons of coaching feedback, but mainly you will learn and improve your volleyball techniques and strategies. **COACHING BIOS on REVERSE.**

Event Information

For: All youth between the ages of 12 and 17 (born in 1993-1998)
When: July 12th - 15th
1:30pm - 4:00pm **Youth Session** (12-14 year olds)
5:30pm - 8:00pm **Elite Session** (15-17 year olds)
(bring a snack and a water bottle)
Where: TBA - Location will be emailed prior to camp
Cost: \$120 - payable to Comox Valley Volleyball Camp (includes T-Shirt)
(mail cheques to Brian McAskill see below)
Deadline: July 2, 2010 (maximum 40 spots per session)
Confirmation: call (250) 702-7980 if you wish to confirm your registration

Contact Brian McAskill at: email bmcaskill@shaw.ca
phone (250) 702-7980, 1644 Crown Isle Drive, Courtenay BC, V9N 4B2

Camp Registration Form

Name _____ Birthdate _____ T-Shirt Size: S M L XL
Phone _____ Medical # _____ Male Female
Recent Injuries _____
Address _____ City _____
Postal Code _____ E-mail _____

I am the legal guardian of _____ I have read the enclosed information and give permission for my daughter/son to participate in the Comox Valley Volleyball Camp.

Applicant _____ Parent/Guardian _____

Cost: \$120/person ELITE CAMP (15-17yrs) YOUTH CAMP (12-14yrs)

Camp Directors:

BRIAN STEVENS

- NCCP Certified Level 2
- 2005 Canada Games Assistant Coach
- TEAM BC Head Coach 2001-2002
- Camosun College Assistant Coach
- CIS Player 1995-1999 (University of Victoria & British Columbia)

STEPHEN EPP

NCCP Certified Level 2
TEAM BC Beach Coach
VIU Mariners Mens' Asst. Coach
Nanaimo Volleyball Club Girls Head Coach
Former Woodlands Junior Girls Head Coach

BRIAN MCASKILL

Head Camp Director/Organizer

YOUTH HEAD COACHES:

Kainen Pottage
Nik Marler
Maverick Hatch